



2018 Candidate for the Office of Member-at-Large

Megan Adkins

Associate Professor
University of Nebraska - Kearney
Kearney, NE

Dr. Megan Adkins is an associate professor at the University of Nebraska-Kearney, and coordinator for the Health and Physical Education program. She volunteers her time on campus, in the community, and for her profession. She served on the SHAPE NE board for 10 years, five as the executive director. Currently, Megan is the chair for the CD SHAPE, district scholar committee, and a member of the SHAPE America Physical Activity council. She has been an active member within SHAPE America at all levels through service, and by presenting material related to her research interests at state, district, and national conventions.

What leadership qualities will you bring to the Central District Leadership Council?

A balance of individual qualities from council members provides a well-rounded dynamic atmosphere to enhance the development of ideas and future activities of the board. Through serving at the state to the national level of SHAPE America, the qualities I feel are my strongest assets to bring to the CD board are my passion for the occupation, strong communication skills, reliability, aptitude to collaborate with others, technological skills, aspirations to assist in progressing CD forward, along with being approachable and personable.